



## Affirmation Songs & Cheers

Use songs or cheers to help children affirm their sense of self.

Prompt children to say something positive about themselves. \*Add their word(s) to the song or cheer (*helpful, smart, friendly*).

### **Proud of Who I Am** (tune: Farmer in the Dell)

I'm proud of who I am.  
I'm proud of who I am.  
I'm a \*special person.  
I'm proud of who I am.

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### **I'm Glad I Am Me** (tune: Happy Birthday)

I'm glad I am me,  
I'm glad you are you.  
We both are \*good people,  
And we are friends too.

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### **Cheer!**

2, 4, 6, 8!  
(Child's name) is \*kind  
And that is great!